



Rebecca
Berman

Rebecca Berman, LCSW-C, MLSP, CEDS-S (she/her) is a Clinical Training Specialist at The Renfrew Center and specializes in treating eating disorders and trauma. Rebecca also has a special interest in working with the transgender population. She presents nationally on the transdiagnostic treatment of eating disorders and the treatment of trauma and eating disorders. She co-authored The Renfrew Unified Treatment for Eating Disorders and Comorbidity - Therapist Guide. She co-developed and supervises the Trauma Track and trauma therapists throughout the Renfrew Center organization. Rebecca led the development, implementation, and continued supervision of Renfrew's ARFID programming. She is the treasurer of the Baltimore Metro Chapter of the International Association of Eating Disorder Professionals. Rebecca also maintains a private practice in Arlington, VA.