



Kadzo  
Kangwana

Kadzo Kangwana is a licensed clinical social worker specializing in the treatment of trauma and eating disorders at Maine & Weinstein Specialty Group. When she is not working with clients, she facilitates workshops on spiritual development. Kadzo has an MA in clinical mental health counseling from Union University and an MSW from the University of Connecticut. Kadzo's first career was in wildlife conservation, and she holds a BA in zoology from the University of Oxford and a PhD in human-elephant interaction from the University of Cambridge. Kadzo's life has spanned four continents, and her broad experience informs her work with clients of all backgrounds. Kadzo's book "Noble Soul: A Guide to Spiritual Growth for Women" speaks to the connection between our spirituality and our mental health.