



Irene
Schlagman

Irene Schlagman is 20 years into her recovery from a long term eating disorder. In gratitude, purpose and to give back, she has volunteered as an advocate and speaker for many years. She was the first recipient of the National Eating Disorders Association's (NEDA) Volunteer of the Year Award and a former board member of NEDA-Long Island. Irene's recovery has led her to discovery and the embracement of her current interests: collecting funny hats and socks, drumming, puppetry, and being a grandma. She is committed to the exploration of her being and the pursuit of ALIVENESS and true self. Living by the motto "Explore your WILD WOMAN INSIDE and OUT."