

Cori Rosenthal is a licensed marriage and family therapist (#98720) and mindfulness and self-compassion educator in private practice in West LA. She incorporates mindfulness, compassion practices and Brainspotting in her work with adolescents and adults. She specializes in working with intimacy and codependency, eating disorders, disordered eating, trauma, anxiety and depression. In addition to her private practice, Cori runs an Intuitive Eating support group with dietician Erica Mouch and a small group for the Self-Compassion in Psychotherapy certification program. She earned a master's degree in Psychology from Antioch University with a specialization in Child Studies and completed Mindful Self-Compassion Teacher Training through the Center for UCSD.