



Elizabeth
Easton

Elizabeth Easton, PsyD is a Clinical Psychologist and Certified Eating Disorder Specialist with extensive experience supporting patients with mental health issues ranging from depression, anxiety, and eating disorders. She is most passionate about providing education and support to caregivers and clinicians so they can be their best selves as they walk beside patients during their recovery process. After more than a decade as a clinical director at Eating Recovery Center and Pathlight, she is now the National Director of Psychotherapy. She is also the owner of Easton Psychological Services, PLLC providing education as a Certified Supervisor and Trainer in Emotion-Focused Family Therapy (EFFT).