



Sondra  
Kronberg

- Sondra Kronberg, MS, RD, CEDRD-S, is a seasoned nutrition therapist and recognized leader in the field of eating disorders. Founder and Executive Director, Eating Disorder Treatment Collaborative, FEED: IOP, CONNECT and CONCIERGE programs in New York. Sondra specializes in treatment and training of the collaborative approach to eating disorders. She is a founding member and past Board Trustee of the National Eating Disorders Association, (NEDA). The author of Comprehensive Learning/Teaching Handout Series Manual for Eating Disorders and contributing author to Eating Disorders: Clinical Guide to Counseling and Treatment and Eating Disorders in Special Populations: Medical, Nutritional and Psychological Treatments. Sondra received the International Association of Eating Disorder Professionals, (IAEDP), 2010 Certified Eating Disorder Specialists Award, the NEDA 2004 Excellence in Treatment Award and the 2002 SCAN Excellence in Practice Award. In 2018 Sondra received NEDA's first Legacy Award. Sondra is currently an iaedp influencers and certification core course facilitator. She is a national speaker, treatment consultant and media spokesperson. She is also a consultant to the Carolyn Costin Institute. Sondra's greatest passion is helping people learn to nourish their minds and bodies in order to reclaim their lives and thrive.