



# Judith Brisman

**Judith Brisman**, PhD, CEDS, was the Founding Director of the Eating Disorder Resource Center for over 35 years. She is co-author of *Surviving an Eating Disorder: Strategies for Family and Friends* (currently in its 4th edition), is an associate editor of *Contemporary Psychoanalysis* and is on the editorial board of the journal *Eating Disorders*. She is a member of the teaching faculty of the William Alanson White Institute and she maintains a private practice in New York City. Dr. Brisman has published and lectured extensively regarding the interpersonal treatment of eating disorders.