



Jessica
Setnick

Jessica Setnick envisions a world where no one is ashamed to talk about their eating issues and everyone who wants help can get it, without barriers like insurance discrimination, weight stigma and mistaken stereotypes. Trained as a dietitian, Jessica has worked in the eating disorder field for almost 25 years, not including her own eating disorder recovery. Retired from patient care, Jessica now guides health professionals through challenging situations in eating disorder treatment and teaches primary care professionals to better address eating issues in their patient populations. Known worldwide through Eating Disorders Boot Camp, The Eating Disorders Clinical Pocket Guide and her many, many trainings and presentations, Jessica is also the founder of IFEDD, the International Federation of Eating Disorder Dietitians, a non-profit with the mission of improving access to eating disorder specialized dietitians. Jessica promises she is more interesting than this bio and is looking forward to chatting with you in the virtual living room.